

SPRING / SUMMER PROGRAMS

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SPRING / SUMMER PROGRAMS SIGN-UP COMMENCEMENT Monday, February 12, 2024, 9:00a.m. Rye Recreation Office, 55 Recreation Road, Rye, NH



Programs are limited to a first-come, first-served basis. Registrations will be held online and in person at our office. We have a new user-friendly recreation software that is open to the public for registrations. To register online go to rye.recdesk.com or scan the QR code at the bottom of the page, select "create account" on the home page and follow the prompts on the screen. If you are registering someone within your household for programs, you will need to create an account for the "Head of Household" first, then add accounts for the members of your household who you would like to register for a program. Once you have an account and/or household you can register for programs with ease!

THE WAVE SENIOR LUNCH PROGRAMS



The lunch programs are held at the Rye Congregational Church, 580 Washington Road, Rye, NH on the second Thursday of each month. Lunch is at 12:00p.m. followed by entertainment at 1:00p.m. Reservations for lunch are

required and the cost is \$15.00 for a complete lunch, or \$5.00 for a beverage and dessert only. If you are not having lunch you can still attend, but we ask that you notify us in advance.

C'EST CHEESE - CHARCUTERIE BOARD MAKING

Join us for this special make-and-take event with C'est Cheese, North Hampton's European style cheese store. Each participant will be able to create and take home their own charcuterie board.

Date: Thursday, March 14, 2024

Lunch: Tuscan chicken, dinner rolls, garden salad, dessert, and coffee/

tea/water.

Reservation Deadline: Thursday, March 7, 2024

APRIL ENTERTAINMENT COMING SOON

Date: Thursday, April 11, 2024

Lunch: Lasagna, dinner rolls, garden salad, dessert, and coffee/tea/water.

Reservation Deadline: Thursday, April 4, 2024

SAGES ENTERTAINMENT - THE FLEA CIRCUS

Sages Entertainment is back for another fun-filled afternoon and this time they will be bringing their Flea Circus! Do not miss out on this month's lunch and laughs.

Date: Thursday, May 9, 2024

Lunch: Chicken alfredo, dinner rolls, garden salad, dessert, and coffee/

tea/water.

Reservation Deadline: Thursday, May 2, 2024

MICHAEL PERRY - EXPLORING ICELAND'S WILD WEST

Join Freeport, Maine's Michael Perry for an early spring adventure just below the Arctic Circle in Iceland's Majestic West Fjords. This program will include lots of Viking history, segments on Iceland's role in WWII, and Iceland's renewable energy story.

Date: Thursday, June 13, 2024

Lunch: Sandwich trays, garden salad, dessert, and coffee/tea/water.

Reservation Deadline: Thursday, June 6, 2024

SENIOR DAY TRIPS

Space is limited for the Senior Day Trips. It is important to register early. No refunds will be given unless funds can be recovered from the contract provider. Prior to the trip, you will receive correspondence confirming departure time, location, and schedule.

THE BEACH BOYS - ULTIMATE TRIBUTE SHOW

Their tribute performances are as true to form as the originals, featuring the incredible five-part harmonies of The Beach Boys, so much so you might forget this is a tribute show!

Date: Thursday, April 25, 2024

Lunch: Baked stuffed chicken or vegetarian lasagna with salad, potato,

vegetables, breads, dessert, and coffee/tea/water. Reservation Deadline: Thursday, March 28, 2024

Fee: \$89 per person

SENIOR DAY TRIPS

HAPPY 2 GATHER - ULTIMATE 60'S SHOW

Sing along to the sounds of "The Doors", "Simon and Garfunkel", "Janis Joplin", and many more. This show promises to leave you feeling groovy!

Date: Thursday, September 19, 2024

Lunch: Stuffed shells, rolls, garden salad, Boston cream pie, and coffee/

Reservation Deadline: Thursday, August 22, 2024

Fee: \$89 per person

JIMMY BUFFETT TRIBUTE SHOW

Jimmy and The Parrots have been playing for delighted crowds for years. So, what screams out *it's summertime* more than lobsters and Jimmy Buffett?

Date: Tuesday, July 16, 2024

Lunch: Whole lobster, clam chowder, fresh steamed mussels, fresh Maine clams, corn-on-the-cob, potatoes & onions, blueberry cake, rolls, butter, and coffee/tea/water. 1/2 of a BBQ chicken is available as a non-lobster alternative.

Reservation Deadline: Tuesday, June 18, 2024

Fee: \$89 per person

THE SICILIAN TENORS - LIVE CONCERT

The Sicilian Tenors filmed in England at the beautiful Highclere Castle, the home of the hit TV series *Downton Abbey*. Now is your opportunity to hear the songs and enjoy an amazing reproduction of this special concert live! **Date:** Wednesday, November 13, 2024

Lunch: Thanksgiving dinner with all the fixings and sides or vegetable

lasagna, dessert, and coffee/tea/water.

Reservation Deadline: Wednesday, October 16, 2024

Fee: \$89 per person

RYE REC WORLDWIDE ADVENTURES

EXPLORE BRITISH LANDSCAPES



Witness breathtaking British landscapes during a 10-day stay in Scotland, England, and Wales, with an optional extension in France! Visit the historic capital of Scotland, and knock on the door of William Shakespeare's childhood home. To find out more information call Rye Recreation at (603) 964-6281.

Dates: August 20-29, 2024

EXPLORE SWITZERLAND, AUSTRIA & BAVARIA



Join Rye Recreation in a 10-day stay in Switzerland, Austria, and Bavaria. Experience the picturesque Austrian Alps, walk through the Mirabell Gardens, and so much more! We welcome you to enjoy this pre-planned, stress-free vacation. To find out more information call Rye Recreation at (603) 964-6281.

Dates: November 6-15, 2024



WE ARE ONLINE!

Scan the QR code or go online to rye.recdesk.com to create an account and register for all the latest Rye Recreation programs.

ADULT LEISURE AND FITNESS PROGRAMS

STRENGTH & BALANCE



Instructed by Kim Rivest, this group fitness class will help you strengthen major muscle groups using weights and work on balance. A combination of exercises performed standing or seated will challenge you and allow you to work at your own pace. Class begins with a warm-up and finishes with a series of stretches to leave you feeling refreshed and energized.

Please wear sneakers and comfortable clothing. Classes are held on Wednesdays, 9:30a.m. to 10:30a.m.

Dates: April 3, 10, 17, May 1, 8, 15, 22, 29, June 5, 12, 19, 26 (12 classes)

(12 classes) **Location:** The Wave at Rye Congregational Church, 580 Washington

Road, Rye, NH

Fee: \$60 per participant (Prorated to start date)

ADULT PICK-UP BASKETBALL

Facilitated by Dennis Okyere, Adult Pick-up Basketball will be hosted on Sundays. Play scrimmage games and practice your skills. Participants are required to sign up with Rye Recreation in advance so they can be notified of any schedule changes. The program is held on Sundays, 9:00a.m. to 11:00a.m.

Location: Rye Junior High Gym, 501 Washington Road, Rye, NH **Dates:** Sundays, February 18, March 3, 10, 17, 24, 31, April 7, 14, 28,

May 5, 12, 2024

Fee: \$66 per participant

CHAIR YOGA



Instructed by Amelia McKenney, Rye resident, volunteer, and life-long athlete. This gentle form of yoga is practiced sitting in a chair or standing using a chair for support. Build inner and outer strength while relaxing and centering the mind. Have fun with others while learning postures that help you build

strength, flexibility, and balance. While focusing on the relaxation response to reduce stress and promote health. Please wear comfortable clothing. Classes are held on Tuesdays and/or Thursdays from 10:00a.m. to 11:30a.m.

Location: The Wave at Rye Congregational Church, 580 Washington Road. Rye, NH

Dates: February 20, 22, 27, 29, March 5, 7, 12, 14, 19, 21, 26, 28, April 2, 4, 9, 11, 16, 18, 23, 25, 30, May 2, 7, 9, 14, 16, 21, 23, 28, 30, June 4, 6, 11, 13, 18, 20, 25, 27, July 2, 9, 11, 16, 18, 23, 25, 30, August 1, 6, 8, 13, 15, 20, 22, 27, 29, 2024 (55 classes)

Fee: No cost (Registration required)

ADULT YOGA & MEDITATION

This course is instructed by nationally certified classical yoga teacher Jeanie Ryan. Build core strength, flexibility, and balance while gaining relaxation tools and healthy living tips. Learn the ancient practice of combining yoga and meditation to harmonize the mind, body, and spirit. This is a multi-level class. Beginners welcome. Please bring a yoga mat, as they are not provided. Classes are held Thursdays from 9:00a.m. to 10:30a.m.

Dates: May 2, 9, 16, 23, 2024

Location: The Wave at Rye Congregational Church, 580 Washington

Road, Rye, NH

Fee: \$66 per participant (4 classes)

ADULT GOLF LESSONS



Practice and improve your golf skills at Pease Golf Course, 200 Grafton Road, Portsmouth, NH. In the case of inclement weather a rain date will be scheduled for the Tuesday or Thursday following each session.

ADULT GROUP GOLF LESSONS (Co-recreational)

Session 1: Thursday, May 2, 9, 16, 23; 5:30p.m.-6:30p.m. **Session 2:** Thursday, June 6, 13, 20, 27; 5:30p.m.-6:30p.m.

Session 3: Thursday, July 11, 18, 25, August 1; 5:30p.m.-6:30p.m.

Fee: \$155 per session (4 lessons), clubs available if needed.

WOMEN'S GOLF LESSONS

Session 1: Tuesday, April 30, May 7, 14, 21; 6:30p.m.-7:30p.m. Session 2: Tuesday, June 4, 11, 18, 25; 6:30p.m.-7:30p.m. Session 3: Tuesday, July 9, 16, 23, 30; 6:30p.m.-7:30p.m. Fee: \$155 per session (4 lessons), clubs available if needed.

YOUTH SPORTS AND CAMPS

BASEBALL CAMPS WITH STEPHEN MCMANUS (Co-recreational)



Join us for another season of co-recreational Baseball Camp with Stephen McManus at Flash Jenness Field. All baseball camps are open to residents and non-residents in 2nd through 8th grades.

Spring Baseball Camp

Dates: April 22-25, 2024; 9:00a.m.-12:00p.m. (4 days) Location: Rye Recreation, 55 Recreation Road, Rye, NH

Grades: Youth currently in grades 2-8.

Fee: \$220 per participant

Summer Baseball Camp

Session 1: June 17, 18, 19, 20; 9:00a.m.-12:00p.m. (4 days) **Session 2:** June 24, 25, 26, 27; 9:00a.m.-12:00p.m. (4 days) **Location:** Rye Recreation, 55 Recreation Road, Rye, NH

Grades: Youth entering grades 2-8 in Fall 2024

Fee: \$220 per participant per session

BASKETBALL CAMPS



Coach Pat Quinn is a seacoast native who has spent his life playing and coaching basketball for universities across New England and varsity teams in the surrounding areas. Over the years, Pat has conducted camps, clinics, and

training groups for kids of all ages! Coach Quinn is excited to bring new basketball opportunities to Rye Recreation this summer! All basketball camps will be held at Rye Elementary School, dependent on availability. Each camp is four days, Monday through Thursday. Times and dates vary based on age group (Program price includes a camp t-shirt).

Fee: \$200 per participant

Boys Basketball Camp

Dates: July 15-18, 2024

Times: Boys entering grades 3-5 in Fall 2024; 9:00a.m.-11:30a.m. Boys entering grades 6-8 in Fall 2024; 1:00p.m.-3:30p.m.

Girls Basketball Camp

Dates: July 22-25, 2024

Times: Girls entering grades 3-5 in Fall 2024; 9:00a.m.-11:30a.m. Girls entering grades 6-8 in Fall 2024; 1:00p.m.-3:30p.m.

SUMMER VOLLEYBALL CAMP (Co-recreational)



Come better your skills and understanding of volleyball with Coach Ray Panek! Coach Panek is a certified New England Regional Volleyball Association Coach. Youth Volleyball Camp is a 6-week evening program at Pirates Cove Beach (meet behind The Surf Club). This program is for teenagers in 7th through 11th grades as of Fall 2024.

Dates: Thursdays, July 18, 25, August 1, 8, 15, 22 (6 days)

Time: 5:15p.m.-6:30p.m. **Price:** \$60.00 per participant

Location: 1200 Ocean Boulevard, Rye, NH

Find more Summer Volleyball for youth and adults on Facebook!

Want more Summer Volleyball coordinated by our local volleyball advocate, coach, and resident Ray Panek? Please join Coach Ray's private Facebook group: "PIRATES COVE BEACH VOLLEYBALL". This group will keep you aware of all adult and youth summer volleyball programs, plus scheduled weekly pick-up games behind The Surf Club starting this Summer 2024.

YOUTH GOLF LESSONS - JUNIOR CLINICS

Session 1: July 8, 9, 10, 11, and 12, 2024 **Session 2:** August 12, 13, 14, 15, and 16, 2024

Times: Grades K-4; 8:00a.m.-8:45a.m. Grades 5-12; 9:00a.m.-10:00a.m.

Fee: \$80 per session (5 lessons), clubs available if needed.
Location: Pease Golf Course, 200 Grafton Road, Portsmouth, NH

SUMMERTIME HORYEzons DAY CAMP



Camp begins at 8:30a.m. and ends at 4:30p.m. This camp is for participants entering grades K-6 in Fall 2024. Pre-camp (8:00a.m.-8:30a.m.) and post-camp (4:30p.m.-5:00p.m.) will be offered for an additional \$25.00 per week and the participant must be

pre-registered for this option. Camp will be located at Rye Elementary School for all weeks except four and five, dependent on availability. There will be no half day options for Summertime HoRYEzons Day Camp.

Fees: Weeks 1, 3, 4, 5, 6, 7, 8 @ \$190/week Week 2 (no camp 7/4/24) @ \$152/week

Week One: Movies with New Rye Cinema (Rye Elementary) June 24-28,

2024

Week Two: Comic Books (Rye Elementary) July 1-5, 2024

(No camp 7/4/2024)

Week Three: Zoo-mendous (Rye Elementary) July 8-12, 2024
Week Four: Crustacean Exploration (New Castle) July 15-19, 2024

Week Five: Disco Fever (New Castle) July 22-26, 2024

Week Six: Olympic Escapades (Rye Elementary) July 29-August 2, 2024

Week Seven: Sports Week (Rye Elementary) August 5-9, 2024
Week Eight: Drip, Drip, Drop (Rye Elementary) August 12-16, 2024
Please see the 2024 Rye Recreation Summertime HoRYEzons detailed flyer to see a description of each week on the next page or contact Rye

Recreation for more information.

THE WAVE CLUB



This after school program is open to 6th through 8th grade students from 3:00p.m. to 5:30p.m., Monday through Friday, at Rye Congregational Church. The Wave Club is a space built for middle school teens to hang out with each other, and do their homework. There are activities and games to

enjoy weekly. The Wave Club has open enrollment, so it is never too late to sign up. If you have any questions, give us a call at Rye Recreation! **Location:** The third floor of Rye Congregational Church, 580 Washington Road, Rye, NH

Dates: Monday through Friday (excluding school holidays and closings) until the last day of school, tentatively June 13, 2024.

Time: 3:00p.m.-5:30p.m. **Fee:** \$125 per person

EVENTS

EASTER EGG DIG AT WALLIS SANDS STATE BEACH



Join Rye Recreation for their annual Easter Egg Dig at Wallis Sands State Beach. Youth ages 2 to 9 years old can dig in the sandy shore to find wooden eggs and turn them in for a candy surprise! The time of the event will be determined based on the tide charts for the day, so keep an eye out for details. We hope to see you there.

Ages: 2-5 and 6-9 years old **Date:** Saturday, March 23, 2024

Location: 1050 Ocean Boulevard, Rye, NH

Fee: No charge

TOWN OF RYE MEMORIAL DAY



The Rye Memorial Day Ceremony is free and open to the

public. Be sure to mark your calendars!

Location: Central Cemetery, 20 Central Road, Rye, NH **Date:** Monday, May 27, 2024

Time: 9:00a.m. Fee: No charge

COMING SOON TO RYE RECREATION

Rye Recreation has a few more programs up their sleeve for the spring and summer seasons. Keep an eye out for more information about these programs below on Rec Desk (rye.recdesk.com).

GRANITE STATE TRACK AND FIELD

Dennis Okyere will be hitting the track and field this spring with Rye Recreation! This program is offered for youth ages 9 to 14 years old.

MARINE SCIENCE CAMP

Rye Recreation will be hosting a Marine Science Camp for youth in Kindergarten through Eighth grades. Come learn about Beluga Whales, marine reptiles, sharks, bioacoustics, and much more!

LEARN TO PLAY PICKLEBALL

Looking to get out on the courts but do not know how to play? Rye Recreation will have you covered with a Learn-to-Play Pickleball Program in the warmer months with Coach Pete. Pete is a highly ranked pickleball player.

SUMMER SURF LESSONS

Rye Recreation will be working with Cinnamon Rainbows this summer to bring surfing lessons back to the Town of Rye for youth and adults.

SUMMER SOFTBALL CAMP

Want to have fun and just play some softball? Come learn skills and drills this summer with Sean Evans.



IS THE PROGRAM YOU WANT NOT OFFERED THROUGH RYE RECREATION? GIVE US A CALL! (603) 964-6281

If you have reached the end of our newsletter and did not find the program you want, let us know! Rye Recreation is always looking for new programs to offer and members of the seacoast community to help us make them happen. Maybe you are interested in creating a cribbage group, want to learn more about a new interest, or would like to be a part of a walking group. Regardless of the reason, we would love to hear your thoughts!



2024 RYE RECREATION SUMMERTIME HORYEZONS



Welcome back campers! Summer is almost here and we are very excited to announce this year's Summertime HoRYEzons week themes and dates! We have lots of fun activities, trips and entertainers lined up for everyone this year and cannot wait for camp to start! The first week of camp is June 24th and the last week of camp will be August 12th. Camp begins at 8:30 a.m. and ends at 4:30 p.m. This camp is for participants entering Grades K-6 Fall 2024.

Pre-Camp (8:00-8:30 a.m.) and Post-Camp (4:30-5:00 p.m.) will be offered for an additional \$25.00 per week and the participant(s) must be pre-registered for this option.

Pricing: Weeks 1, 3, 4, 5, 6, 7, 8—Full-day Only @ \$190.00 per week. Week 2 (no camp 7/4/24) Full-day only @ \$152.00 for the week * No half-day option is available this year.

Week One: Movies With New Rye Cinema (Rye Elementary) June 24-28, 2024

Field Trip: Chunky's in Manchester, NH Come kick off the summer with a Rye movie mania week!

Week Two: Comic Books (Rye Elementary) July 1-5, 2024; no camp July 4th

<u>Entertainer</u>: A visit from Superheros Jump in to the story with Rye Rec! Dress up as your favorite comic book hero and jump into the story with Rye Rec.

Week Three: Zoo-mendous (Rye Elementary) July 8-12, 2024

<u>Field Trip:</u> The Stone Zoo in Stoneham, MA Put on your safari hat and take a trip into the jungle during a Zoo-mendous experience.

Week Four: Crustacean Exploration (New Castle) July 15-19, 2024

Entertainer: TBD Take a dip into the open sea's during our week at Great Island Commons.

Week Five: Disco Fever (New Castle) July 22-26, 2024

Field Trip: Roller World in Saugus, MA Slide back in time to the 1970's and catch your disco fever.

Week Six: Olympic Escapades (Rye Elementary) July 29-August 2, 2024

<u>Entertainer</u>: <u>Storyteller</u> and <u>performer</u> <u>Judy Pancoast</u> Help Rye Rec carry the torch into week six's Olympic Escapades. Play field games and listen to Judy Pancoast tell her encapsulating stories.

Week Seven: Sports Week (Rye Elementary) August 5-9, 2024

<u>Field Trip:</u> Portland Sea Dogs vs. Altoona Curve in Portland, ME Calling all sports fans!! Come represent your favorite team at Summertime HoRYEzons. Play sports and support the Portland Sea Dogs in Maine.

Week Eight: Drip, Drip, Drop (Rye Elementary) August 12-16, 2024

<u>Entertainer:</u> "Foam Party" with Sages Entertainment. Soak up a few more rays of sunshine during our last week of summer camp. Play water games and enjoy a Foam party with Sages Entertainment!

Entertainment!

Please contact Rye Recreation at 603.964.6281 for more information.

